Some Safe Cycling Tips....

Always wear a helmet - it is your best protection against head injury.

Obey all applicable traffic regulations, signs, signals, and markings. Bicycles are subject to the same rules of vehicular traffic, wherever they apply.

Observe all local ordinances pertaining to bike safety. It is your responsibility to know them and abide them.

Keep right: drive with traffic, not against it. Drive single file. Keep as close to the curb as practical.

Watch out for drain grates, soft shoulders and other road surface hazards.

Watch out for car doors opening or for cars pulling into traffic.

Don't carry passengers or packages that interfere with your vision or control.

Never hitch a ride on a truck or other vehicle.

Be extremely careful at intersections, especially when making a left turn. Most accidents happen at intersections. If traffic is heavy, get off and walk your bike with pedestrian traffic.

Use hand signals to indicate turning or stopping.

Protect yourself at night with the required reflectors and lights.

Drive a safe bike. Have it inspected.

Drive your bike defensively; watch out for the other guy.