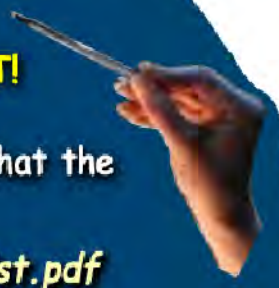
How Children Can Help Plan for Home Emergencies

Have your child help you set up this FEMA recommended basic Family Emergency Kit, and talk to your child about why you are creating the emergency kit.

- **Water** - one gallon of water per person per day, for drinking and sanitation
- **Food** - At least a three-day supply of non-perishable food
- **Battery or wind-up radio** with a NOAA Weather Radio tone alert
- **Flashlight and extra batteries**
- **First Aid kit**
- **Whistle** to signal for help
- **Infant formula and diapers**, if you have an infant
- **Moist towelettes, garbage bags and plastic ties** for personal sanitation
- **Dust mask or cotton t-shirt** to help filter the air
- **Plastic sheeting and duct tape** to "shelter-in-place"
- **Wrench or pliers** to turn off utilities
- **Can opener** for food (if kit contains canned food)
- **3 weeks to 3 months supply of prescription medications**

BUY A THERMOMETER, AND LEARN HOW TO USE IT!



For more information about family planning preparations that the child can help accomplish:

http://www.ready.gov/kids/_downloads/familylist.pdf

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