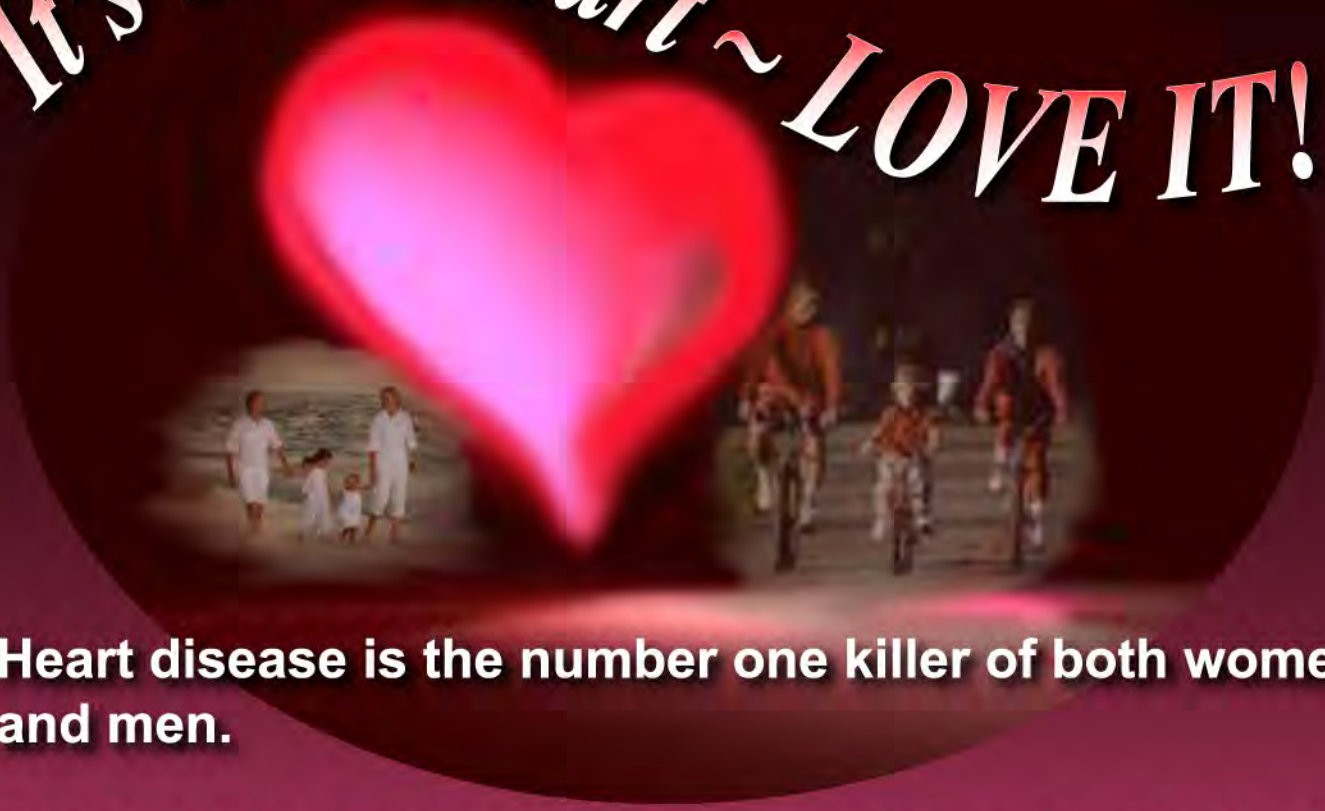
It's Your Heart ~ LOVE IT!



Heart disease is the number one killer of both women and men.

Call 9-1-1 immediately if you experience heart attack symptoms.

You and your family will benefit most if you rapidly seek treatment.

The NIH National Heart Lung and Blood Institute offers a simple Risk Assessment Tool for Estimating Your 10-year Risk of Having a Heart Attack.
(http://hin.nhlbi.nih.gov/atpiii/calculator.asp?usertype=pub)

Sponsored by the Office of Environment, Safety and Health
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