

Mike Murray, MD

Icahn School of Medicine at Mount Sinai







Learning Objectives

- 1. Review key concepts underlying genomic screening.
- 2. Describe progress toward building an evidence-base for genomic screening.
- 3. Examine some obstacles & opportunities that lie ahead for population based genomic screening.





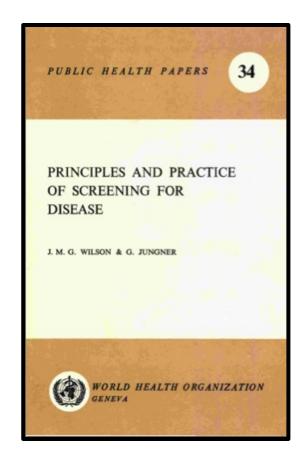
TWO QUESTIONS TO PONDER

- 1. Why do >80% of individuals with *BRCA1/2* cancer risk remain unidentified, despite USPSTF recommendations (in 2005, 2014, 2019) that primary care providers screen women in order to identify this cancer risk?
 - A. Failure to apply the endorsed "risk identification strategy" (i.e., medical history based screening)
 - B. Lack of sensitivity of the endorsed "risk identification strategy" (i.e., medical history based screening)
 - C. Both (a) and (b)
 - D. Neither (a) nor (b)
 - E. The condition sought is not an important health problem.
- 2. The aggregate frequency of genetic risk for the "CDC Tier 1 Genomic Health Priority Conditions" (i.e., hereditary breast and ovarian cancer syndrome, Lynch syndrome, and familial hypercholesterolemia) is "1 in ___ people in the population":
 - A. 1 in 750,000
 - B. 1 in 75,000
 - C. 1 in 7,500
 - D. 1 in 750
 - E. 1 in 75





Programmatic Screening for Disease



Wilson JMG, Jungner G. **Principles and practice of screening for disease.**Geneva: WHO; 1968.





| | Wilson and Jungner criteria | Criteria in DNA-based screening and population health context | |
|----|--|--|--|
| 1 | The condition sought should be an important health problem. | Screening should focus on the identification of genomic risk(s) for important health problems. | |
| 2 | There should be an accepted treatment for patients with recognized disease. | Options for evidence-based clinical actions should be communicated to patients in whom the genomic risk is identified. | |
| 3 | Facilities for diagnosis and treatment should be available. | Clinical implementation strategies should be in place and available tanyone identified as having genomic risk. | |
| 4 | There should be a recognizable latent or early symptomatic stage. | Screening should have the capability of identifying at-risk individuals during both presymptomatic and early symptomatic disease stages. | |
| 5 | There should be a suitable test or examination. | The DNA-based strategy should constitute an improvement over existing strategies for risk identification and risk reduction. | |
| 6 | The test should be acceptable to the population. | Proven screening applications should be available to all but individual participation should be optional. | |
| 7 | The natural history of the condition, including development from latent to declared disease, should be adequately understood. | Anticipated penetrance and expressivity (i.e., natural history) should be understood based on data from comparable populations. | |
| 8 | There should be an agreed policy on whom to treat as patients. | Consensus should exist on clinical classification and management for those patients who screen positive for genomic risk but in whom the evidence of the associated health problems is absent (i.e., nonpenetrant risk). | |
| 9 | The cost of case-finding (including diagnosis and treatment of patients diagnosed) should be economically balanced in relation to possible expenditure on medical care as a whole. | Appropriate health economic analyses should be in place to understand programmatic costs and benefits. | |
| 10 | Case-finding should be a continuing process and not a "once and for all" project. | There should exist plans for both: - Periodic <i>reanalysis of DNA variants</i> using updated information Periodic <i>clinical re-evaluation</i> of individuals with nonpenetrant risk. | |

DNA-based screening and population health: a points to consider statement from the ACMG. Genet Med. 2021 Jun;23(6):989-995.











NO





NO... but before describing our state of readiness further, I want to paint a picture of where I think we are headed.







WHERE I THINK WE ARE HEADED:

- Every Individual will have a comprehensive Genomic Dataset generated in the newborn period (created for their health and meant for use throughout their lives).
- This will be linked to their Electronic Health Record in a secure fashion.
- There will be two types of evidence-based indications to access it:
 - [1] Reiterative "population screening" (based on age or other triggers)
 - [2] Clinically indicated "diagnostic assessment"

Murray MF. J Pers Med. 2022 Jan 26;12(2):158







What if we use the historical perspective of NBS to gauge where we're at?

In US ~4M newborns/yr (≥29 conditions) 1 in 15,000 has PKU 1 in 320 screens pos

Newborn Screening Milestones

- 1930s George Jervis identifies 185 individuals among 15,000 institutionalized individuals whose mental retardation was attributed to Phenylketonuria (PKU).
- 1953 Horst Bickel demonstrates clinical utility of restricted diet in PKU and suggests that early therapeutic diet could prevent development of the mental retardation. And maximally effective therapy will require PKU diagnosis prior to the onset of symptoms.
- 1958 Robert Guthrie devises a simple and inexpensive blood test which allows screening for PKU shortly after birth.
- 1960 Robert Guthrie coordinates a 29-state pilot study of 400,000 newborns to identify those affected with PKU.
- 1963 The first mandated newborn screening program begins in Massachusetts.
- 1966 PKU testing becomes mandatory in most states.
- 1968 New York starts pilot testing for galactosemia and maple syrup urine disease (MSUD) in Albany and Buffalo.
- 1975 New York begins universal testing for sickle cell disease. Testing also begins for homocystinuria, adenosine deaminase deficiency, histidinemia, MSUD and galactosemia.
- 1990s Tandem Mass Spec allows for one test to screen for ~ 50 conditions

Then we are currently in or around 1960

Adapted from Wadsworth Center









DNA as a screening tool

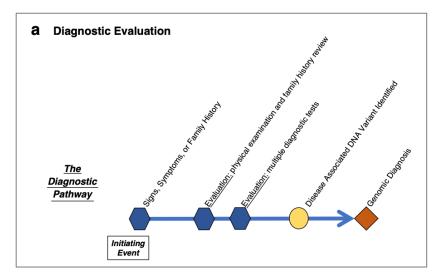
 DNA can be used in many forms and for numerous applications as a screening tool.

• **Note**: This talk will focus mostly on the <u>use of germline DNA</u> in the screening of adults for monogenic disease risk.



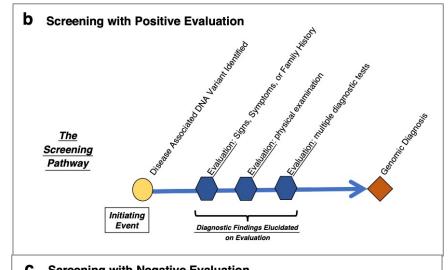


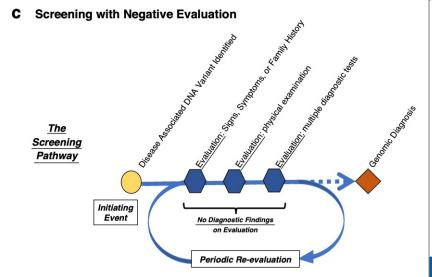
Diagnostic genetic test v. Screening genetic test





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DNA Variant classification

- 1. Pathogenic (P)
- 2. Likely Pathogenic (LP)
- 3. Variant of Uncertain Significance (VUS)
- 4. Likely Benign
- 5. Benign

Richards S, et al; Standards and guidelines for the interpretation of sequence variants. Genet Med. 2015 May;17(5):405-24. PMID: 25741868





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- Suitable as Screening Results
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P/LP = Pathogenic and Likely Pathogenic





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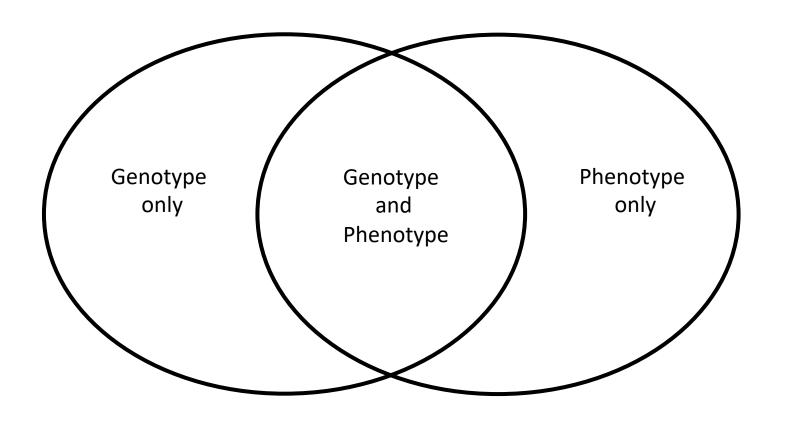
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P/LP = Pathogenic and Likely Pathogenic





Imperfect Genotype-Phenotype Correlations are the Norm



DEFINITION

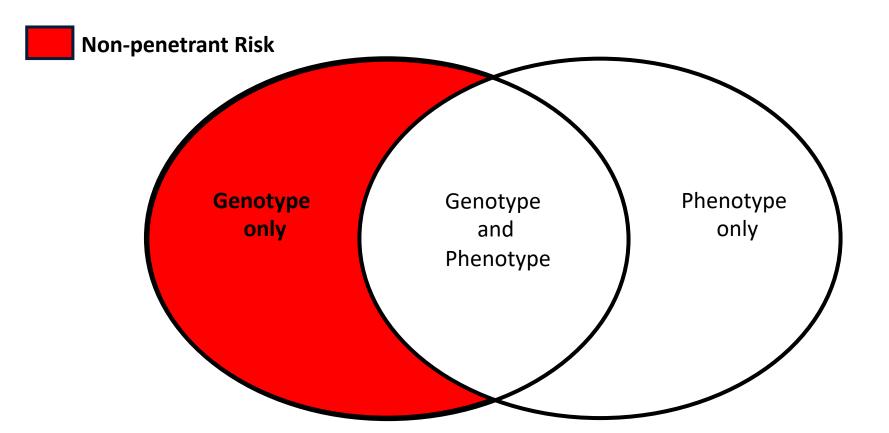
Genotype-Phenotype
 Correlation - how specific genetic variation(s) are correlated with certain observable traits in individuals.







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Non-Penetrant Risk Prediction is Not Limited to DNA





Non-Penetrant Risk Prediction is Not Limited to DNA

Winnie Langley is pictured here lighting her cigarette using the candle on her 100th birthday cake.

She lived another 2 years and died in 2010 at age 102 years old.







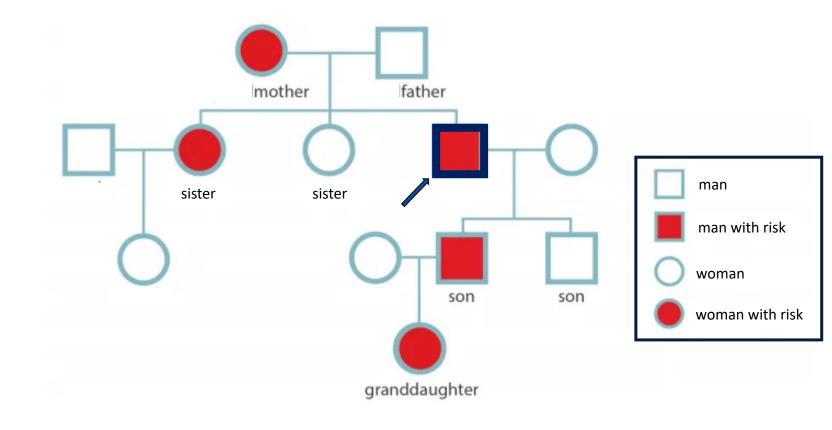


Cascade Testing following Genomic Screening

Cascade testing is an important case identification multiplier that needs to be optimized

When <u>autosomal dominant</u> monogenic risk is identified through screening, then that individual's

- Parents
- Siblings
- Children
 each have a 50% chance of the
 same genetic risk



https://familyheart.org/family-screening-for-fh-and-the-use-of-genetic-testing





Screening for Disease v. Screening for Disease Risk





California 1950s - Public Health Service mobile chest radiography

Cecily Miller et al. Eur Respir J 2017;49:1700364



DNA

Blood Pressure

Cholesterol





Genomic Screening – Terminology

Genomic screening results that drive medical care can be divided into: SECONDARY FINDINGS & PRIMARY FINDINGS

- <u>Secondary Findings (SF)</u> are screening results generated by analyzing *data sets* created for a primary purpose other than screening.
 - > SF from Clinical Datasets screening of newly generated clinical datasets at the time of diagnostic testing (WES & WGS) was initially proposed by ACMG 2013.
 - ➤ <u>SF from Research Datasets</u> screening of existing research datasets in appropriately consented research volunteers, followed by delivery of findings in a healthcare setting. Initiated at Geisinger 2015.
- <u>Primary Findings (PF)</u> are screening results generated from *data sets created for genomic screening*.







Genomic Screening – Terminology

MEDICAL ACTIONABILITY & CLINICAL UTILITY

- Medical Actionability the availability of clinical actions that are evidence-based that should occur as follow-up to a genomic screening result.
- Clinical Utility the likelihood that a test will, by prompting an intervention, result in an improved health outcome.

To paraphrase Grosse and Khoury

A screening test alone does not have inherent utility; the clinical utility of the screening test depends on effective access to appropriate interventions.





Genomic Screening – Terminology

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- Clinical Utility the likelihood that a test will, by prompting an intervention, result in an improved health outcome.

"there is no health benefit to learning about a mutation if a carrier doesn't do anything"

Glenn Palomaki 2017





Some historical perspective, specific to Genomic Screening





New York Times (April 1st 1996)







"Breaking Ranks, Lab Offers Test to Assess Risk of Breast Cancer" New York Times (April 1st 1996)

"That decision...to offer the test...has outraged some leading geneticists, raising the question of how, and by whom, the dissemination of new genetic tests should be controlled." Gina Kolata NYT 04-01-96







"Breaking Ranks, Lab Offers Test to Assess Risk of Breast Cancer"

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OUTRAGED GENETICISTS!

"That decision...to offer the test...has outraged some leading geneticists, raising the question of how, and
by whom, the dissemination of new genetic tests
should be controlled." Gina Kolata NYT 04-01-96

Article Raises Questions

- Is there clinical utility?
- Do benefits outweigh harms?

Note that the test was

- Expensive
- Difficult to interpret
- Limited pool of experts







"Breaking Ranks, Lab Offers Test to Assess Risk of Breast Cancer" New York Times (April 1st 1996)

- 1994 The role of BRCA1 in risk for breast cancer identified
- 1995 The role of BRCA2 in risk for breast cancer identified
- 1996 First clinical testing for BRCA1 offered (reported in NYT)

"That decision...to offer the test...has outraged some leading geneticists, raising the question of how, and by whom, the dissemination of new genetic tests should be controlled." Gina Kolata NYT 04-01-96

- Late 1990s Rational barriers to implementation were set in place.
 - Including testing only those with "high pre-test probability"
- In the 27 years since 1996:
 - Clinical utility proven & Benefit:Risk ratio understood.
 - Cost has decreased & Interpretability increasing daily.
 - However, <u>implementation barriers</u> <u>created in the 1990s persist</u> and they are <u>applied for both diagnostic use and screening use</u>







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Consider this with regard to diagnostic approach to BRCA testing

~ 13% of women with both breast cancer and an underlying P/LP BRCA variant don't meet clinical criteria for BRCA testing.

Yadav S, et al. J Clin Oncol. 2020 May 1;38(13):1409-1418





Consider this with regard to diagnostic approach to BRCA testing

~ 13% of women with both

breast cancer and an underlying P/LP BRCA variant

don't meet clinical criteria for BRCA testing.

This despite the fact that

"BRCA positive Breast Cancer" has distinct surgical options and therapeutic options with proven clinical utility compared to clinical management options for "BRCA negative breast cancer"







Consider this with regard to screening approach to BRCA testing

Annals of Internal Medicine

CLINICAL GUIDELINES

Genetic Risk Assessment and *BRCA* Mutation Testing for Breast and Ovarian Cancer Susceptibility: Recommendation Statement

U.S. Preventive Services Task Force*

This statement summarizes the U.S. Preventive Services Task Force (USPSTF) recommendations on genetic risk assessment and *BRCA* mutation testing for breast and ovarian cancer susceptibility, along with the supporting scientific evidence. The complete information on which this statement is based, including evidence tables and references, is included in the evidence synthesis available through the USPSTF Web site (www.preventiveservices.ahrq.gov). The recommendation is also posted on the Web site of the National Guideline Clearinghouse (www.guideline.gov).

Annals of Internal Medicine

Risk Assessment, Genetic Counseling, and Genetic BRCA-Related Cancer in Women: U.S. Preventive Storce Recommendation Statement

Virginia A. Moyer, MD, MPH, on behalf of the U.S. Preventive Services Task Force*

Description: Update of the 2005 U.S. Preventive Services Task Force (USPSTF) recommendation on genetic risk assessment and BRCA mutation testing for breast and ovarian cancer susceptibility.

Methods: The USPSTF reviewed the evidence on risk assessment, genetic counseling, and genetic testing for potentially harmful BRCA mutations in asymptomatic women with a family history of breast or ovarian cancer but no personal history of cancer or known potentially harmful BRCA mutations in the family. The USPSTF also reviewed interventions aimed at reducing the risk for BRCA-related cancer in women with potentially harmful BRCA mutations, including intensive cancer screening, medications, and risk-reducing surgery.

Population: This recommendation applies to asymptomatic women who have not been diagnosed with BRCA-related cancer.

Recommendation: The USPSTF recommends that primary care providers screen women who have family members with breast,

ovarian, tubal, or peritone designed to identify a farr increased risk for potent susceptibility genes (*BRC* screening results should reafter counseling, BRCA to

The USPSTF recomments BRCA testing for woment with an increased risk function BRCA1 or BRCA2 genes.

Ann Intern Med. 2014;160:271
For author affiliation, see end
* For a list of the members of
www.annals.org).
This article was published online

This article was published onling 2013.

Clinical Review & Education

JAMA | US Preventive Services Task Force | RECOMMENDATION STATEMENT

Risk Assessment, Genetic Counseling, and Genetic Testing for BRCA-Related Cancer

US Preventive Services Task Force Recommendation Statement

US Preventive Services Task Force

IMPORTANCE: Potentially harmful mutations of the breast cancer susceptibility 1 and 2 genes (BRCAI/2) are associated with increased risk for breast, ovarian, fallopian tube, and peritoneal cancer. For women in the United States, breast cancer is the most common cancer after nonmelanoma skin cancer and the second leading cause of cancer death. In the general population, BRCAI/2 mutations occur in an estimated 1 in 300 to 500 women and account for 5% to 10% of breast cancer cases and 15% of ovarian cancer cases:

OBJECTIVE To update the 2013 US Preventive Services Task Force (USPSTF) recommendation on risk assessment, genetic counseling, and genetic testing for *BRCA*-related cancer.

EVIDENCE REVIEW The USPSTF reviewed the evidence on risk assessment, genetic counseling, and genetic testing for potentially harmful BRCAI/2 mutations in asymptomatic women who have never been diagnosed with BRCA-related cancer, as well as those with a previous diagnosis of breast, ovarian, tubal, or peritoneal cancer who have completed treatment and are considered cancer free. In addition, the USPSTF reviewed interventions to reduce the risk for breast, ovarian, tubal, or peritoneal cancer in women with potentially harmful BRCAI/2 mutations, including intensive cancer screening, medications, and risk-reducing surgery.

FINDINGS For women whose family or personal history is associated with an increased risk for harmful mutations in the BRCAI/2 genes, or who have an ancestry associated with BRCAI/2 gene mutations, there is adequate evidence that the benefits of risk assessment, genetic counseling, genetic testing, and interventions are moderate. For women whose personal or family history or ancestry is not associated with an increased risk for harmful mutations in the BRCAI/2 genes, there is adequate evidence that the benefits of risk assessment, genetic counseling, genetic testing, and interventions are small to none. Regardless of family or personal history, the USPSTF found adequate evidence that the overall harms of risk assessment, genetic counseling, genetic testing, and interventions are small to moderate.

CONCLUSIONS AND RECOMMENDATION The USPSTF recommends that primary care clinicians assess women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have an ancestry associated with BRCAI/2 gene mutations with an appropriate brief familial risk assessment tool. Women with a positive result on the risk assessment tool should receive genetic counseling and, if indicated after counseling, genetic testing. (B recommendation) The USPSTF recommends against routine risk assessment, genetic counseling, or genetic testing for women whose personal or family history or ancestry is not associated with potentially harmful BRCAI/2 gene mutations. (D recommendation)

Editorial page 619

Author Audio Interview

Related article page 666 and

JAMA Patient Page page 702

jamanetwork.com/learning

Related articles at jamaoncology.com jamasurgery.com jamanetworkopen.com

Corresponding Author: Douglas K. Owens, MD, MS, Stanford University 616 Serra St, Encina Hall, Room C33 Stanford, CA 94305-6019 (chair@uspetf.pat)

JAMA. 2019;322(7):652-665. doi:10.1001/jama.2019.10987 Last corrected on November 12, 2019.





Consider this with regard to screening approach to BRCA testing

Final Recommendation Statement

BRCA-Related Cancer: Risk Assessment, Genetic Counseling, and Genetic Testing

August 20, 2019

Recommendations made by the USPSTF are independent of the U.S. government. They should not be construed as an official position of the Agency for Healthcare Research and Quality or the U.S. Department of Health and Human Services.

Recommendation Summary

| Population | Recommendation | Grade |
|---|--|-------|
| Women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or an ancestry associated with BRCA1/2 gene mutation | The USPSTF recommends that primary care clinicians assess women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have an ancestry associated with breast cancer susceptibility 1 and 2 (BRCAI/2) gene mutations with an appropriate brief familial risk assessment tool. Women with a positive result on the risk assessment tool should receive genetic counseling and, if indicated after counseling, genetic testing. | В |
| Women whose personal or family history or ancestry is not associated with potential harmful BRCA1/2 gene mutations | The USPSTF recommends against routine risk assessment, genetic counseling, or genetic testing for women whose personal or family history or ancestry is not associated with potentially harmful BRCA1/2 gene mutations. | D |

18 years
later:
how's this
working
out?



Divides all

women into

two groups





Original Investigation | **Genetics and Genomics**

Exome Sequencing-Based Screening for *BRCA1/2* Expected Pathogenic Variants Among Adult Biobank Participants

Genomic Screening was carried out in 50,726 adults and 267 were found to have a pathogenic or likely pathogenic (P/LP)

BRCA1 or BRCA2 variant

1:190









Original Investigation | Genetics and Genomics

Exome Sequencing-Based Screening for *BRCA1/2* Expected Pathogenic Variants Among Adult Biobank Participants

How many people with P/LP variants in *BRCA1* or *BRCA2* were unaware of their status prior to Genomic Screening?

> 8 of 10 Adults



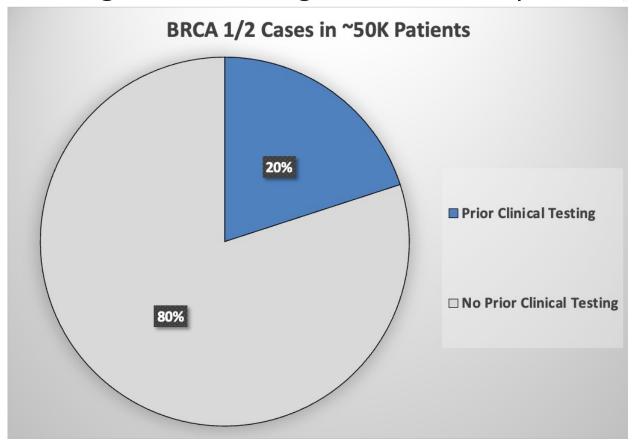


Manickam K et al. JAMA Network Open 2018



Original Investigation | Genetics and Genomics

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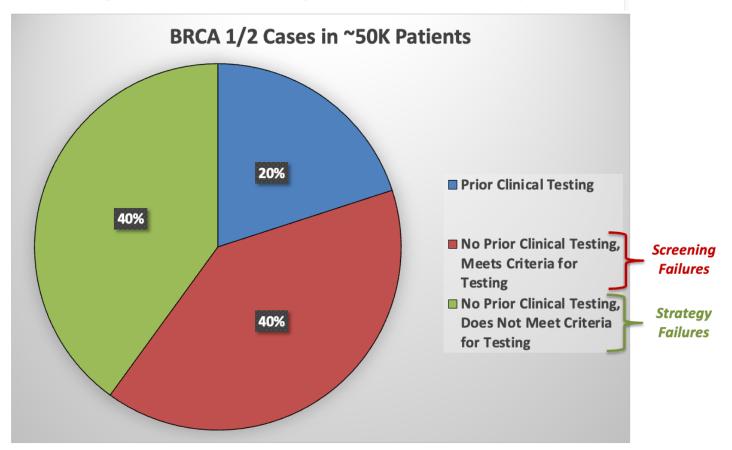






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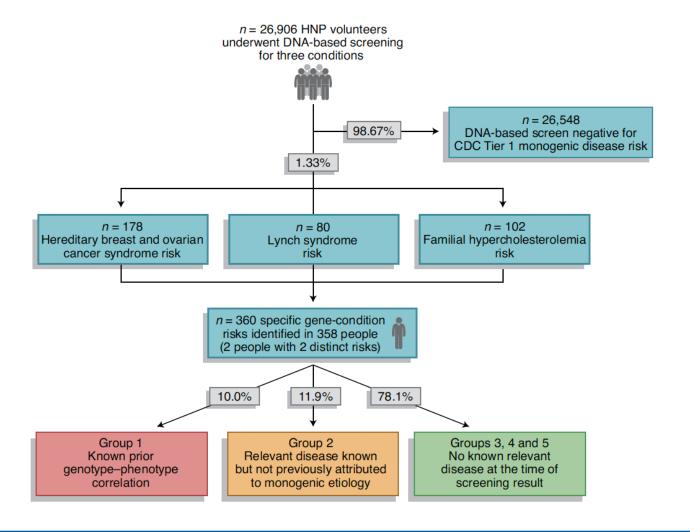


Healthy Nevada Project (HNP)

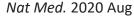




Healthy Nevada Project (HNP)



1 in 75







In 2023: Screening 9 Genes for Three Genetic Syndromes

| SCREENING FOR ELEVATED RISK OF | | |
|--|--|-----------------------------|
| Heart Attack and Stroke | Breast, Ovarian, Prostate, Pancreatic Cancer | Colon and Uterine Cancer |
| Familial Hypercholesterolemia (FH) | Hereditary Breast and Ovarian Cancer (HBOC) | Lynch Syndrome (LS) |

would identify risk in ~4.3M people in the United States

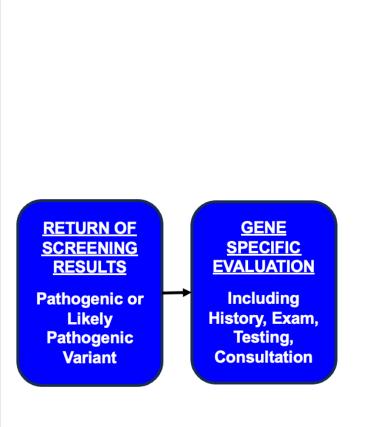
l in 75

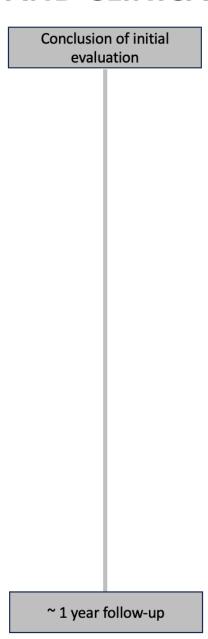
A screening strategy that includes this list is the likely starting point for population screens.

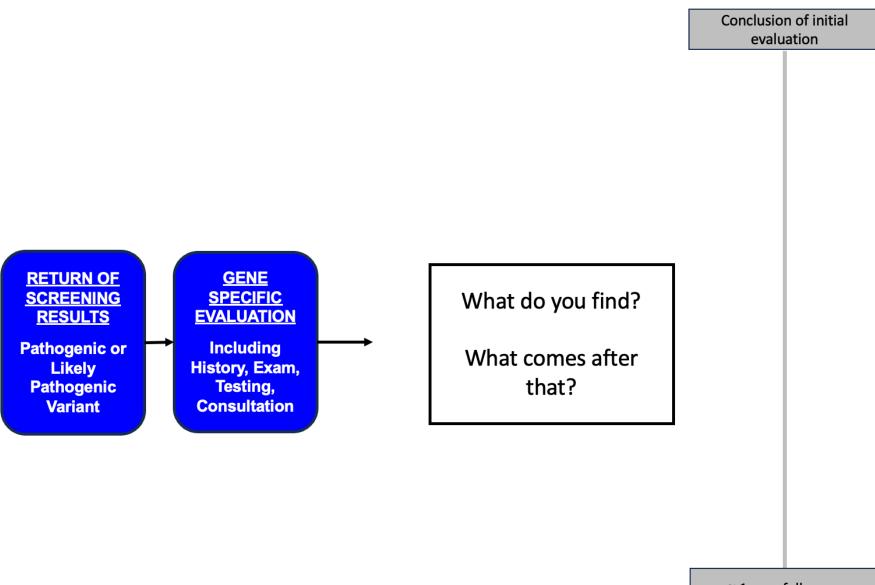
Which (if any) additional genes/conditions should be included is currently unclear.

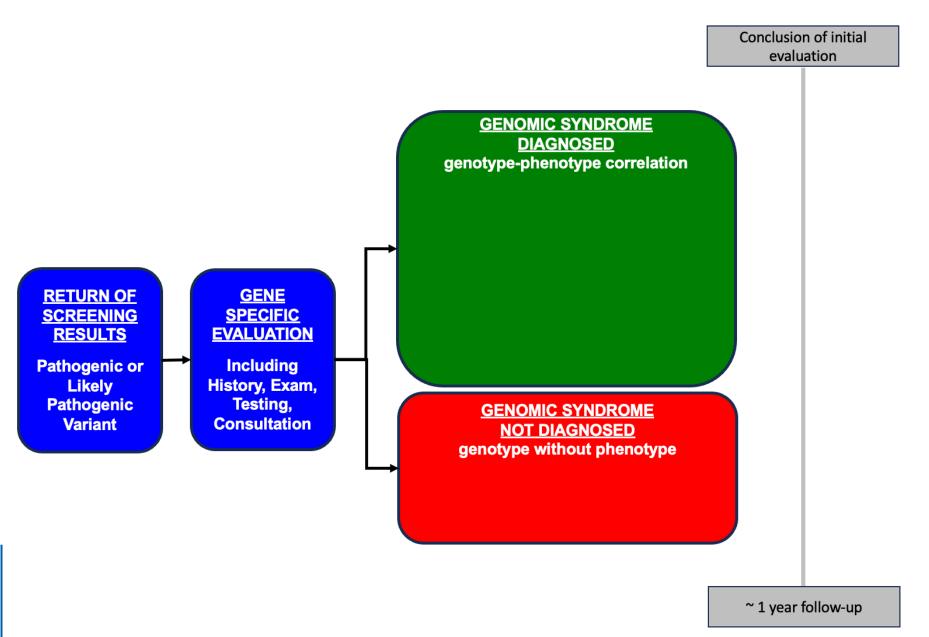


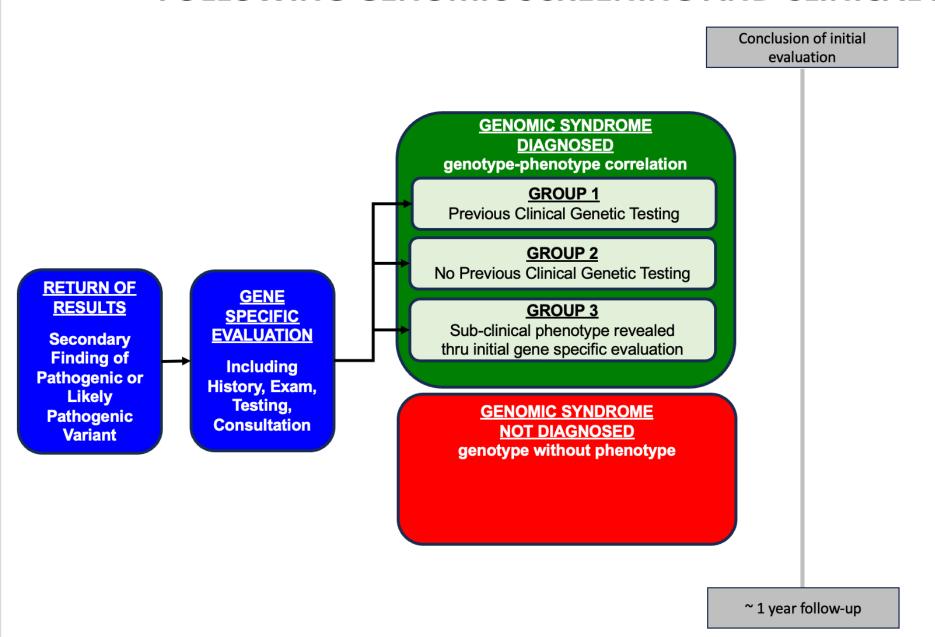


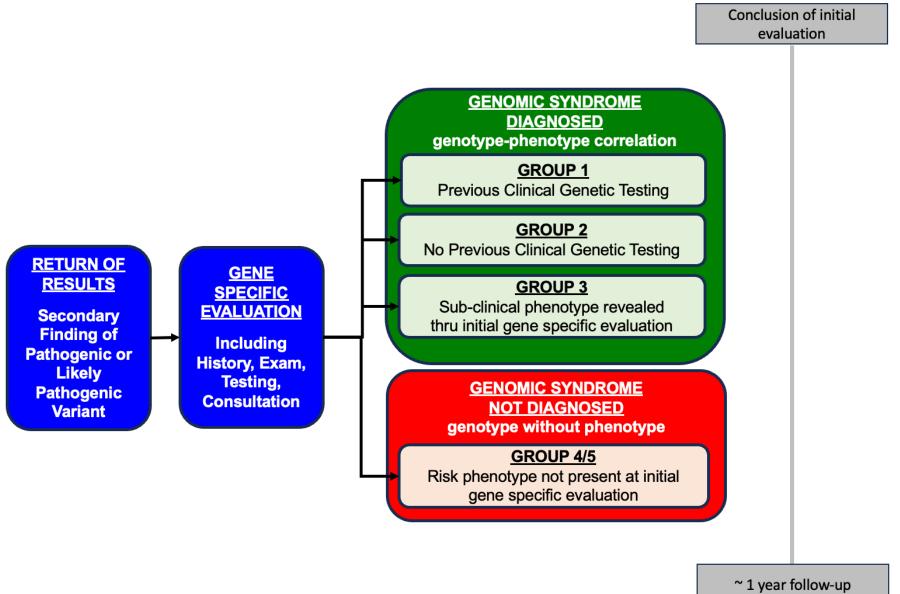


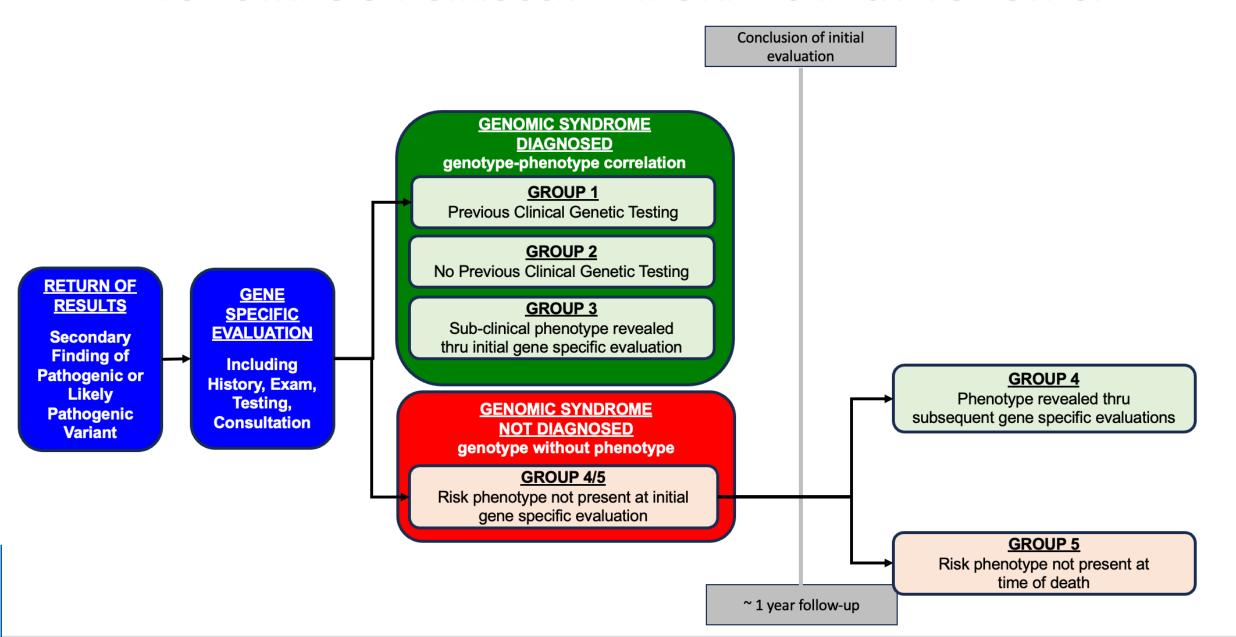




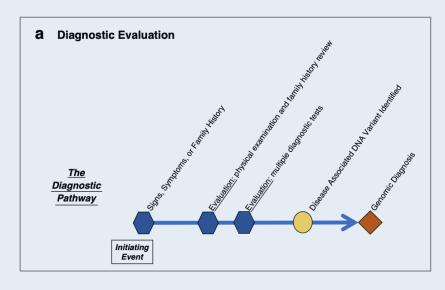


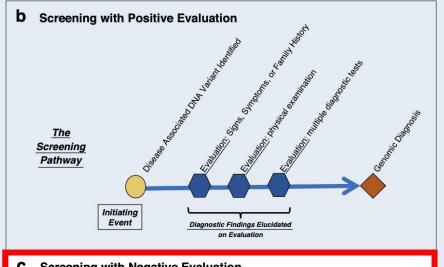


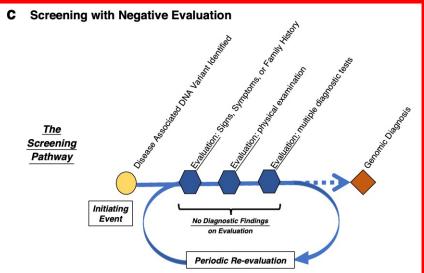




Diagnostic genetic test v. Screening genetic test



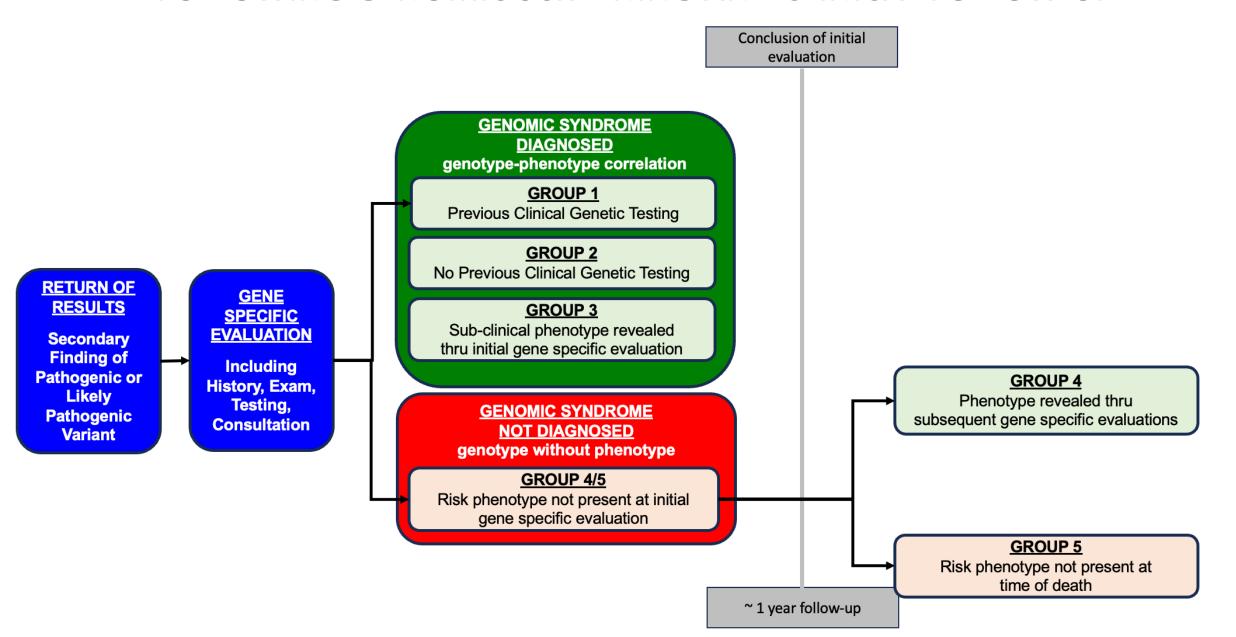


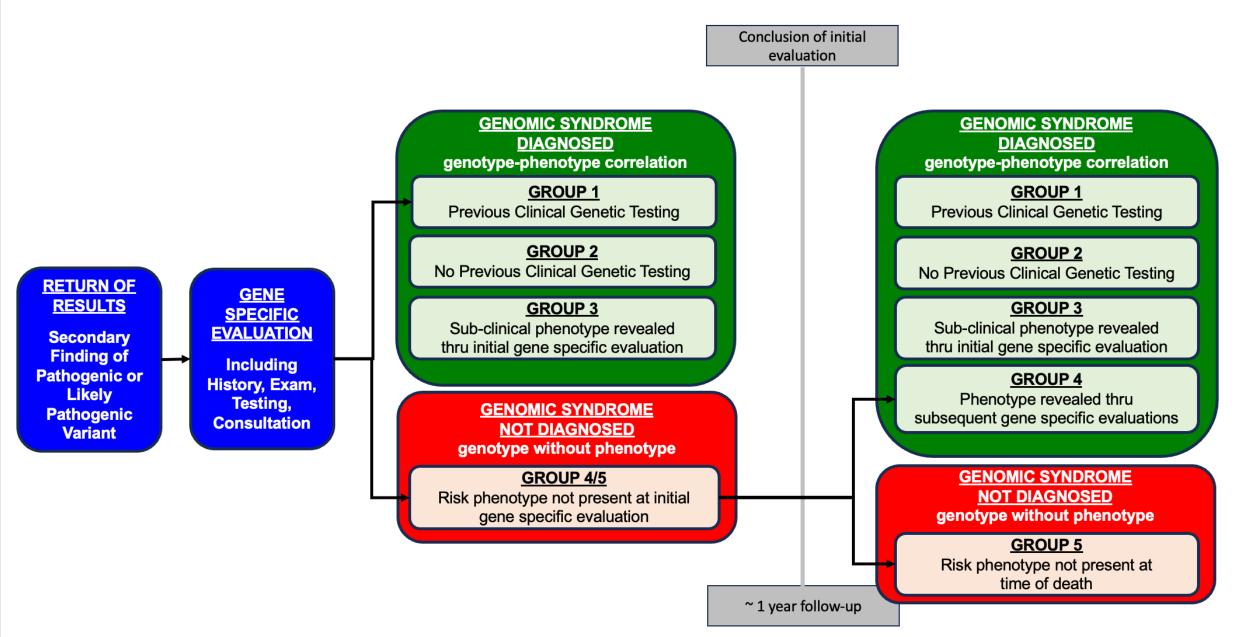


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Population Based Genomic Screening – Are We Ready?

Key Genomic Screening Concepts covered:

- 1. Diagnostic genetic/genomic tests differ from screening genetic/genomic tests.
- 2. In general, health screening can reveal either disease or disease risk
- 3. "Incomplete genotype-phenotype correlations" and "non-penetrant risk" are the norm.
- 4. Cascade testing can act as a multiplier of health screening benefit.
- 5. Currently, pilot screening programs reveal 5 "diagnostic groups" within those with risk.
- 6. A screening test by itself has no clinical utility.
- 7. Using genomic screening to identify "monogenic disease risk" ascertains more "at risk individuals" than those who are identified as "positive for risk" through other means. More study needed to understand outcomes for genomic screen positive groups.





TWO QUESTIONS TO ANSWER

- 1. Why do >80% of individuals with *BRCA1/2* cancer risk remain unidentified, despite USPSTF recommendations (in 2005, 2014, 2019) that primary care providers screen women in order to identify this cancer risk?
 - A. Failure to apply the endorsed "risk identification strategy" (i.e., medical history based screening)
 - B. Lack of sensitivity of the endorsed "risk identification strategy" (i.e., medical history based screening)
 - C. Both (a) and (b)
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Let's

Let's end with a thought experiment







Let's end with a thought experiment about screening and data-sets in the 21st Century ...







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Prediction

There will be unexpected and/or currently unpredicted ways to use population-wide deep genomic data sets

70 years ago 20 years ago 12 years ago ? years from now







Let's end with a thought experiment about screening and data-sets in the 21st Century ... and a <u>caution related</u> to the <u>question "are we ready?"</u>:







Prediction

There will be unexpected and/or currently unpredicted ways to use population-wide deep genomic data sets

70 years ago 20 years ago 12 years ago ? years from now

All of our work regarding Genomic Screening and Precision Public Health could be undermined in the years ahead unless there are <u>preemptive actions to get rules in place that will be needed</u> for things like data control & data uses.







Questions/Comments

Mike Murray (michael.murray@mssm.edu)



