



# How to Find Reliable HIV/AIDS Treatment Information on the Internet

Evaluating Health Information on the Internet

Savvy Health Surfing

HIV/AIDS Treatment Web Sites



### Evaluating Health Information on the Internet

The World Wide Web contains an abundance of free health information, available 24 hours per day. However, one must be cautious to evaluate that information because much of it is unreliable. The **National Library of Medicine** (NLM) is a good place to start to find trustworthy, up-to-date health information. Beyond that, there are some important criteria you should consider to determine if a site is trustworthy. Briefly, the categories you should consider are the following:

- ▶ **Authority and Accuracy**
- ▶ **Coverage**
- ▶ **Currentness**
- ▶ **Objectivity**
- ▶ **Design Features**

[Savvy Health Surfing](#) (see following page), a printable reference guide from the National Library of Medicine, provides a detailed list of these criteria with sample questions for each to assist you.

#### Additional Resources

For further information, please check out these additional resources:

- ▶ HON Code of Conduct for Medical and Health Web Sites: <http://www.hon.ch/HONcode>
- ▶ Evaluating Internet Health Information: A Tutorial from the National Library of Medicine: <http://www.nlm.nih.gov/medlineplus/webeval/webeval.html>
- ▶ MedlinePlus—Evaluating Health Information: <http://www.nlm.nih.gov/medlineplus/evaluatinghealthinformation.html>
- ▶ National Network of Libraries of Medicine—Is this health information good for me?: <http://nnlm.gov/pnr/hip/criteria.html> (en Español: <http://nnlm.gov/pnr/hip/informacion.html>)
- ▶ Quackwatch: <http://www.quackwatch.com>

## Savvy Health Surfing

### *Questions to Ask About Health-Related Web Sites*

#### *Authority and Accuracy*

- ▶ Who is the author or source?
- ▶ Can you verify their credentials?
- ▶ Do they represent a recognized organization or is it a personal page?
- ▶ Is affiliation information provided?
- ▶ Does the Web site have an advisory board?
- ▶ Can the information be verified through links to the sources?
- ▶ If the site offers advice, do qualified health professionals provide it?
- ▶ Is contact information provided?

#### *Coverage*

- ▶ Who is the intended audience for this site?
- ▶ What is the purpose of the site?
- ▶ Does the site promote or advocate a viewpoint?
- ▶ Is the depth of coverage on the site reasonable?
- ▶ Is the information primary or secondary?
- ▶ If appropriate, are there links to additional information?

#### *Currentness*

- ▶ When was the site created?
- ▶ When was the site last updated?
- ▶ When was the data or information collected?
- ▶ Are the links kept up to date?

#### *Objectivity*

- ▶ Is the purpose of the site clearly stated?
- ▶ Is the information presented objectively?
- ▶ Is any sponsorship clearly acknowledged?

#### *Design Features*

- ▶ Is the site well-organized and user-friendly?
- ▶ Is the site easy to navigate?
- ▶ Is the graphic layout of the site pleasing? Is it clear and uncluttered?
- ▶ Are there any features that increase or decrease usability? Do you need additional viewers or plug-ins?
- ▶ Is there an internal search engine on the site?
- ▶ Are there customizable options?
- ▶ Can you ask questions or provide feedback?
- ▶ Is the site accessible to individuals with disabilities?

# How to Find Reliable HIV/AIDS Treatment Information on the Internet

## HIV/AIDS Treatment Web Sites

This list of HIV/AIDS treatment resources on the Web is arranged alphabetically by topic. Topic names were assigned based on the quality and quantity of information available. Click any topic to go to that topic. On the following pages a topic navigation bar is provided on the left of the page. The Home button on the top right of the page will return you to this page.

### **Select a Topic:**

**Alternative and Complementary Therapy**

**Ask the Expert**

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Assistance Paying for Drugs

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Communities of Color

Gay, Lesbian, and Transgender

Infants and Children

Prisoners

Seniors

Veterans

Women

Youth

**Traveling with HIV**

**Treatment**

**Treatment Guidelines**

**Tutorials/Manuals**

**Vaccines**

**Viral Load**

Disclaimer: Every effort has been made to ensure that the links in this document are accurate at the time of publication. However, due to the frequency of Web updates, the links may have changed.

## Alternative and Complementary Therapy

- ✚ **The AIDS InfoNet**
  - [Alternative and Complementary Therapies](#)
- ✚ **The Alternative Medicine Home Page**
  - [AIDS & HIV: Alternative Medicine Resources](#)
- ✚ **[Bastyr University AIDS Research Center](#)**
- ✚ **The Body**
  - [Beyond Medications: Healthy Living for HIVers](#)
- ✚ **Community AIDS Treatment Information Exchange**
  - [A Practical Guide to Complementary Therapies for People Living with HIV](#)
  - [A Practical Guide to Herbal Therapies for People Living with HIV](#)
  - [The Positive Side](#)
  - [Our Treatment Publications](#)
- ✚ **[MedlinePlus](#)**
  - [Complementary and Alternative Medicine](#)
- ✚ **[National Center for Complementary and Alternative Medicine](#)**
- ✚ **University of New Mexico Health Sciences Center**
  - [The AIDS InfoNet – Alternative and Complementary Therapies](#)

## Ask the Expert

- ✚ **The Body**
  - [Ask the Experts Forums](#)
- ✚ **HIVandHepatitis.com**
  - [Questions from Readers and Answers by Medical Experts ...](#)
- ✚ **Johns Hopkins AIDS Service**
  - [Question and Answer Forum](#)

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- ⌘ **Medscape™ HIV/AIDS**
  - [Ask the Experts: HIV/AIDS](#)

## Clinical Trials

- ⌘ [The AIDS Clinical Trials Group](#)
- ⌘ **AIDSinfo**
  - [Clinical Trials](#)
- ⌘ [Canadian HIV Trials Network](#)
- ⌘ [CenterWatch Clinical Trials Listing Service](#)
- ⌘ [ClinicalTrials.gov](#)
- ⌘ **Canadian AIDS Treatment Information Exchange**
  - [Clinical Trials](#)
- ⌘ **Food and Drug Administration**
  - [Clinical Trials](#)
- ⌘ **HIV InSite**
  - [Links: Clinical Research & Trials](#)
- ⌘ [International Maternal Pediatric Adolescent AIDS Clinical Trials Group \(IMPAACT\)](#)
- ⌘ **National Institute of Allergy and Infectious Diseases**
  - [Division of Acquired Immunodeficiency Syndrome](#)

## Conferences

- ⌘ **The Body**
  - [The Body's Conference Coverage](#)
- ⌘ **HIV InSite**
  - [Conferences with HIV/AIDS Information](#)
- ⌘ **HIVandHepatitis.com**
  - [HIV- and Hepatitis-related Research Conferences](#)

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ⓧ [International AIDS Society](#)

ⓧ [International Association of Physicians in AIDS Care](#)

ⓧ **Medscape™ HIV/AIDS**

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ⓧ **The National AIDS Treatment Advocacy Project**

- [Conference Reports](#)

ⓧ **National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome**

- [Publications and Meeting Summaries](#)

## Continuing Education

ⓧ **Medscape® HIV/AIDS**

- [HIV/AIDS CME](#)

## Current News Updates

ⓧ **AIDS Education Global Information System**

- [News Services](#)

ⓧ **AIDScience**

- [News and Journal Headlines](#)

ⓧ **AIDSMAP**

- [News](#)

ⓧ **AIDSmeds.com**

- [Treatment News](#)

ⓧ **MedlinePlus**

- [AIDS News](#)

ⓧ **Medscape® HIV/AIDS**

- [HIV/AIDS News](#)

## Drug Information

**NOTE:** Many Web sites have information about HIV/AIDS drugs. These sites are good starting points.

### Drug Information (General)

- ⌘ **AIDS Education Global Information System**
  - [Key Topics: Treatment](#)
- ⌘ **AIDSinfo**
  - [AIDSinfo Drug Database](#)
- ⌘ **AIDSmeds.com**
  - [Check My Meds](#)
- ⌘ **The Body**
  - [HIV Treatment](#)
- ⌘ **DailyMed®**
- ⌘ **Food and Drug Administration**
  - [Buying Medicines and Medical Products Online](#)
  - [HIV/AIDS Therapeutics](#)
- ⌘ **HIV InSite**
  - [Database of Antiretroviral Drug Interactions](#)
  - [Antiretroviral Drug Profiles](#)
  - [Knowledge Base](#)
- ⌘ **[HIV Medication Guide](#)**
- ⌘ **HIVandHepatitis.com**
  - [FDA-approved HIV and AIDS Treatments](#)
- ⌘ **[Liverpool HIV Pharmacology Group \(LPHG\)](#)**
- ⌘ **National HIV/AIDS Clinicians' Consultation Center**
  - [Pharmacy Central](#)
- ⌘ **National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome**
  - [Database for Anti-HIV Compounds](#)

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- ⌘ [Physician's Research Network®](#)
- ⌘ **Project Inform HIV Treatment Information**
  - [Dealing with Drug Side Effects](#)
  - [Drug Interactions](#)
  - [Standard Dosing Chart for Anti-HIV Drugs](#)

## Drug Adherence

- ⌘ **AIDSMAP**
  - [Adherence](#)
- ⌘ **AIDSmeds.com**
  - [The Importance of Adhering to Your Treatment Regimen](#)
- ⌘ **HIV InSite**
  - [Adherence to HIV Antiretroviral Therapy: Related Resources](#)
- ⌘ [International Association of Physicians in AIDS Care](#)

## Drug Monitoring

- ⌘ [Delphic Diagnostics](#)
- ⌘ [HIV Medication Guide](#)

## Drug Resistance

- ⌘ **AIDSMAP**
  - [HIV Drug Resistance](#)
- ⌘ **AIDSmeds.com**
  - [Understanding Drug Resistance](#)
- ⌘ **The Body**
  - [Drug Resistance](#)
- ⌘ **National HIV/AIDS Clinicians' Consultation Center**
  - [Articles](#)
  - [Resistance Panel Reports](#)

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## Drug Side Effects

- ⌘ **AIDSmeds.com**
  - [Side Effects & Other Health Problems](#)
- ⌘ **The Body**
  - [Managing Side Effects of HIV Treatment](#)
  - [Side Effects, Opportunistic Infections and Coinfections](#)
- ⌘ [MedWatch](#)

## **E-mail Lists**

- ⌘ **AIDSinfo**
  - [Subscribe to Listserv](#)
- ⌘ **FDA**
  - [FDA HIV/AIDS E-mail List](#)

## **Fact Sheets**

- ⌘ [AIDS InfoNet](#)
- ⌘ [AIDS Treatment Data Network](#)
- ⌘ [AIDSinfo](#)
- ⌘ [AIDSMAP](#)
- ⌘ [Community AIDS Treatment Information Exchange](#)
- ⌘ [HIVInSite](#)
- ⌘ **Project Inform**
  - [HIV treatment information, by subject](#)

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## Financial Assistance

### Assistance Paying for Drugs

- ⚡ **AIDS Treatment Data Network**
  - [The Access Project](#)
- ⚡ **The Body**
  - [HIV/AIDS Drug Payment Assistance](#)
  - [HIV and Financial Issues](#)
- ⚡ **Health Resources and Services Administration HIV/AIDS Bureau**
  - [AIDS Drug Assistance and States](#)

### Medicaid

- ⚡ **The Body**
  - [U.S. Government Assistance: Medicare/Medicaid](#)
- ⚡ **Health Resources and Services Administration HIV/AIDS Bureau**
  - [Opportunities to Use Medicaid in Support of Access to Health Services](#)
- ⚡ **Kaiser Family Foundation**
  - [Kaiser Commission on Medicaid and the Uninsured](#)

### Social Security

- ⚡ **The Body**
  - [HIV and Financial Issues](#)
  - [Social Security for HIV-Positive Americans](#)
- ⚡ **Social Security Administration**
  - [Disability Programs](#)
  - [Social Security For People Living With HIV/AIDS](#)

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## Fitness

- ✚ **The Body**
  - [Exercise & HIV](#)
- ✚ **Gay Men's Health Crisis**
  - [Exercise and HIV](#)

## Fraud

- ✚ **Food and Drug Administration HIV and AIDS Activities**
  - [FDA/State AIDS Health Fraud Task Forces: Evaluating Medical Therapies](#)
- ✚ [Quackwatch<sup>SM</sup>](#)

## Health Care Providers

- ✚ [The AIDS Clinical Trials Group](#)
- ✚ **Health Resources and Services Administration HIV/AIDS Bureau**
  - [AIDS Education and Training Centers \(AETCs\) National Resource Center](#)
  - [AIDS Education and Training Centers](#)
  - [A Guide to the Clinical Care with Women with HIV/AIDS, 2001 First Edition](#)
- ✚ **HIV InSite**
  - [Links: Databases and Listings of HIV/AIDS Service Providers](#)
- ✚ [HIVdent](#)
- ✚ [International Association of Physicians in AIDS Care](#)
- ✚ [Johns Hopkins AIDS Service](#)
- ✚ [Medem<sup>TM</sup> Medical Library](#)
- ✚ [Medscape<sup>®</sup> HIV/AIDS](#)
- ✚ [National HIV/AIDS Clinicians' Consultation Center](#)

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- [Vaccines](#)
- [Viral Load](#)

- ⌘ [National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome](#)
- ⌘ [Physician's Research Network®](#)
- ⌘ [The University of North Carolina Center for Infectious Diseases](#)

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## Hepatitis

- ⌘ **The Body**
  - [Hepatitis Treatment and Prevention](#)
- ⌘ [HIVandHepatitis.com](#)
- ⌘ **The National AIDS Treatment Advocacy Project**
  - [Hepatitis](#)
- ⌘ **Physician's Research Network®**
  - [PRN's Updated Chronic Hepatitis B and HIV Coinfection Algorithm](#)
- ⌘ [Veterans Affairs National Hepatitis C Program](#)

## Hotlines

- ⌘ [AIDS.ORG](#)
- ⌘ [AIDSinfo Live Help](#)
- ⌘ [HIV InSite](#)
- ⌘ **National HIV/AIDS Clinicians' Consultation Center**
  - [PEPLine](#)
  - [Warmline: The National HIV Telephone Consultation Service](#)
- ⌘ **Project Inform**
  - [National HIV/AIDS Treatment Hotline](#)

## Journal Articles/Abstracts

- ⌘ **AIDS Action Committee of Massachusetts**
  - [Online HIV Health Library](#)
- ⌘ **HIV InSite**
  - [Literature Databases](#)
  - [Medical Newsletters for a General Audience](#)
- ⌘ **Medem™ Medical Library**
  - [HIV/AIDS Medical Journals/Professional Resources](#)
- ⌘ **Medscape™ HIV/AIDS**
  - [MedGenMed \(Medscape's MEDLINE Indexed Online General Medical Journal\)](#)
- ⌘ **PubMed**
- ⌘ **San Francisco AIDS Foundation**
  - [Treatment](#)

## Mental Health

- ⌘ **The Body**
  - [Mental Health](#)
  - [Mental Health and HIV](#)
- ⌘ [National Institute of Mental Health Center for Mental Health Research on AIDS](#)

## Monitoring Progress

- ⌘ **AIDSmeds.com**
  - [Graph My Labs](#)
- ⌘ [Delphic Diagnostics](#)
- ⌘ [HIV Medication Guide](#)

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## Nutrition

- ✘ [Association of Nutrition Services Agencies](#)
- ✘ **AIDSMAP**
  - [Information Booklets](#)
- ✘ **The Body**
  - [Diet, Nutrition & HIV](#)
- ✘ **Community AIDS Treatment Information Exchange**
  - [HIV and Nutrition by Chester Myers](#)
  - [A Practical Guide to Nutrition for People Living with HIV](#)
- ✘ **Food and Drug Administration HIV and AIDS Activities**
  - [FDA/State AIDS Health Fraud Task Forces: Evaluating Medical Therapies](#)
- ✘ [Food and Nutrition Information Center – AIDS/HIV](#)
- ✘ [International Bibliographic Information on Dietary Supplements](#)

## Oral Health

- ✘ [HIVdent](#)

## Organization Directories

- ✘ [DIRLINE](#)
- ✘ **National Minority AIDS Council**
  - [POZ AIDS Services Directory](#)

## Post-Exposure Prophylaxis (PEP)

- ✘ **Centers for Disease Control and Prevention Divisions of HIV/AIDS Prevention**
  - [Treatment](#)
- ✘ [National HIV/AIDS Clinicians' Consultation Center](#)

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## Spanish Resources

- ✚ [AIDS Action Committee of Massachusetts, Inc.](#)
- ✚ [AIDS Education Global Information System](#)
- ✚ [AIDS InfoNet](#)
- ✚ **The Body**
  - [Tratamientos del VIH/SIDA](#)
- ✚ [Forum Cientifico HIV & AIDS](#)
- ✚ [infoSIDA](#)
- ✚ **MedlinePlus**
  - [SIDA](#)
- ✚ **National Prevention Information Network**
  - [Resources by Topic, Hispanics and Latinos](#)
- ✚ [Project Inform](#)

## Special Populations

### Communities of Color

- ✚ **AIDS Research Community Handbook**
  - [HIV/AIDS Clinical Trials & People of Color](#)

### Gay, Lesbian, and Transgender

- ✚ **AIDS Research Community Handbook**
  - [Transgender Community and HIV/AIDS Research](#)
- ✚ **Gay Men's Health Crisis**
  - [Exercise and HIV](#)

### Infants and Children

- ✚ **AIDSmeds.com**
  - [Special Issues for Women & Children](#)

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## The Body

- [Pediatric HIV Treatment Issues](#)
- [HIV & Pregnancy](#)

## [Elizabeth Glaser Pediatric AIDS Foundation](#)

## [National Pediatric AIDS Network](#)

## Prisoners

### The Body

- [Prisoners & HIV/AIDS](#)

### [HIV Reference Manual for California Correctional Health Care Providers](#)

### National Hepatitis C Prison Coalition

- [Hepatitis C Awareness Project](#)

### National Minority AIDS Council

- [Prison Initiative](#)

### University of California, San Francisco, Center for AIDS Prevention Studies

- [What is the Role of Prisons in HIV, Hepatitis, STD and TB Prevention?](#)

## Seniors

### AIDS Research Community Handbook

- [HIV/AIDS Clinical Trials & Seniors](#)

### Broward County Health Department

- [SHIP: Seniors HIV Intervention Project](#)

### National Institutes on Aging

- [HIV, AIDS, and Older People](#)

### New Mexico AIDS Education and Training Center

- [Older People and HIV](#)

## Veterans

- [United States Department of Veterans Affairs](#)

## Women

- **AIDS Research Community Handbook**
  - [HIV/AIDS Clinical Trials & Women](#)
- **AIDSmeds.com**
  - [Special Issues for Women & Children](#)
- **The Body**
  - [HIV and Pregnancy](#)
  - [HIV Treatment & Women](#)
- **Health Resources and Services Administration HIV/AIDS Bureau**
  - [A Guide to the Clinical Care of Women with HIV/AIDS, 2005 edition](#)
- **Medem™ Medical Library**
  - [Women and HIV Infection](#)
- **MedlinePlus**
  - [AIDS and Pregnancy](#)
- **The National AIDS Treatment Advocacy Project**
  - [Women & HIV](#)
- **Project Inform**
  - [Treatment information for women and their providers](#)

## Youth

- **AIDS Research Community Handbook**
  - [HIV/AIDS Clinical Trials & Youth](#)

## **Traveling with HIV**

- **AIDSinfo**
  - [HIV and Travel](#)

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## Treatment

**NOTE:** All resources in this guide contain treatment information. These sites are good starting points.

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- [Treatment and Care](#)

### [AIDS Education Global Information System](#)

- [Key Topics: Treatment](#)

### [AIDS Survival Project](#)

### [AIDS Treatment Data Network](#)

### [AIDSinfo](#)

### [AIDSmeds.com](#)

### [AVERT](#)

- [HIV/AIDS Treatment and Care](#)

### [The Body](#)

- [Switching/Simplifying Treatment](#)
- [HIV Treatment](#)

### [Canadian AIDS Treatment Information Exchange \(CATIE\)](#)

### [Centers for Disease Control and Prevention](#)

### [Henry J. Kaiser Family Foundation – HIV/AIDS: Treatment and Care](#)

### [Managing HIV](#)

### [New York Online Access to Health \(NOAH\) – AIDS/HIV](#)

## Treatment Guidelines

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- [Treatment Guidelines](#)

### [AIDSmeds.com](#)

- [Lessons](#)

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- ⌘ **American Psychiatric Association**
  - [Practice Guideline for the Treatment of Patients with HIV/AIDS](#)
- ⌘ **National HIV/AIDS Clinicians' Consultation Center**
  - [Guidelines](#)
- ⌘ **U.S. Department of Veterans Affairs**
  - [Guidelines and Best Practices](#)

## Tutorials/Manuals

- ⌘ **National Network of Libraries of Medicine**
  - [AIDSinfo](#)
- ⌘ **NLM Training Manuals and Resources**
  - [NLM Gateway and ClinicalTrials.gov](#)
  - [PubMed](#)
  - [PubMed Tutorial](#)
  - [PubMed Tutorial \(Spanish version\)](#)

## Vaccines

- ⌘ **AIDSinfo**
  - [Vaccines](#)
- ⌘ **[ClinicalTrials.gov](#)**
- ⌘ **[HIV Vaccine Trials Network \(HVTN\)](#)**
- ⌘ **HIVandHepatitis.com**
  - [HIV Vaccines](#)
- ⌘ **National Institute of Allergy and Infectious Diseases, Division of Acquired Immunodeficiency Syndrome**
  - [Resource Guide for the Development of AIDS Therapies](#)

## Viral Load

### **AIDSMAP**

- [Viral Load & CD4](#)

### **AIDSmeds.com**

- [The Blood Tests You'll Need](#)

### **The Body**

- [Understanding Your Labs](#)
- [Viral Load Testing](#)

### **Food and Drug Administration HIV and AIDS Activities**

- [HIV Testing](#)

### **HIVandHepatitis.com**

- [Tests for HIV](#)

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