Cold Symptoms

Symptoms of the common cold develop gradually - and usually begin 2 to 3 days after infection, often including:

- Stuffy nose
  - Mucus buildup in your nose
  - Sinus swelling
- Sneezing
- Sore throat
- Cough
- Headache
- Fever - usually mild, but can climb to 102 degrees Fahrenheit in infants and young children.
- Cold symptoms can last from 2 to 14 days, but most people recover in about a week.
- If symptoms occur often or last much longer than 2 weeks, you might have an allergy rather than a cold.

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