STROKE

Signs of a stroke are usually sudden onset

- Dizziness
- Double vision
- Excruciating headache
- Weakness on one side involving arm, leg, or face
- Loss of balance or coordination
- Slurred speech or inability to speak
- Confusion

How to assist someone having a stroke

- Call 911 immediately
- Lie the person down on a firm surface with legs slightly elevated
- Loosen tight collars or belts
- Cover with a light blanket if needed
- If the victim becomes unconscious, try to keep the airway open by tilting the head back slightly

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