Symptoms of an Acute Heart Attack
Squeezing pain, pressure, or fullness in the center of the chest, lasting more than a few minutes.
Pain in the shoulders, arms, back, neck or jaw, which may be mild to intense.
Sensation of a heavy weight, pressure, tightness, or burning. It may be located in the chest, upper abdomen, neck, jaw, or inside the arms or shoulders.
Chest pain with fainting, sweating, lightheadedness, nausea or vomiting.
Shortness of breath.
Faster or irregular heart beat.
Paleness or pallor, and/or cold, sweaty skin.
Anxiety, nervousness or a feeling of impending doom.