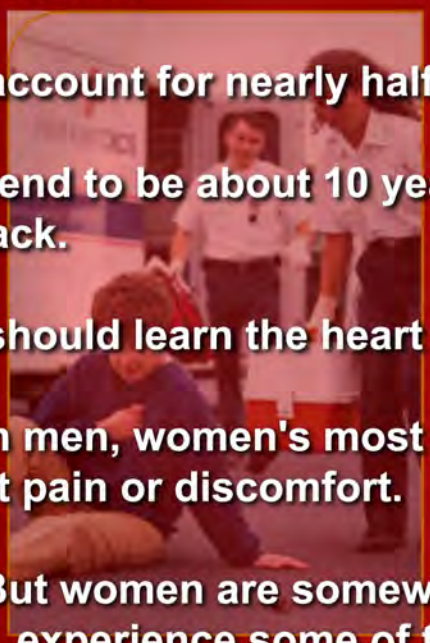
Women and Heart Attacks

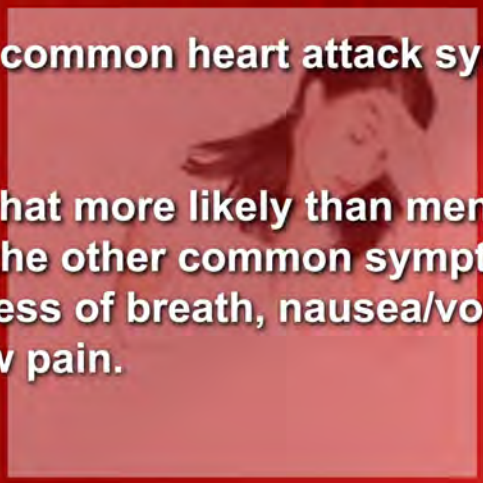


Women account for nearly half of all heart attack deaths.

Women tend to be about 10 years older than men when they have a heart attack.

Women should learn the heart attack warning signs.

As with men, women's most common heart attack symptom is chest pain or discomfort.



But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.