Why people should plant gardens to help save the planet?

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Have you ever wondered, “How can planting a garden help save our planet Earth?” Well I am going to tell you ways planting can not only benefit our planet but benefit our selves.

You should grow your own food. When people grow their own food, then it stops big trucks from delivering to grocery stores. Big trucks that deliver food to grocery stores pollute the air we breathe because they blow fuel into the air. This destroys the good air that the Earth needs.

Another reason why people should plant gardens is they can compost green waste. Why is this important? Compost helps to capture carbon which is harmful to our air. Plus, composting really is the best way to fertilize a garden. You can use things like compost paper, vegetable scraps, and other food waste. Think of it this way, instead of littering waste you can use that waste to feed your garden. Your garden will always love you for
feeding it.

You can also plant fruit trees in your garden. Trees help our planet so much because they help get rid of Carbon dioxide. Also, when you plant fruit trees you get to eat the delicious fruit grown on the tree.

Finally, when people plant gardens, especially outside, they get a lot of vitamin D. This comes from the sun. It gives your body energy and fuel to stay healthy.

So now you know the reasons why planting a garden helps our Mother Earth. When we are kind to our planet and take care of it, Mother Earth will take care of us!!!!