

## Sleep and School Day Tracker K-2<sup>nd</sup> Grade Checklist

Student ID: \_\_\_\_\_ Evaluator: \_\_\_\_\_ Total Score: \_\_\_\_\_/36

- (7 pts) I completed my sleep and school day tracker by crossing out the box that best explains how I slept and how my school day went for 14 days.
- (7 pts) I completed the “Making Connections” section.
- (5 pts) I thoroughly and adequately explained how I think that my sleep affects my school day.
- (5 pts) I drew logical cause and effect relationships from my experiences with sleep and how it affected my day and expressed this in the “Making Connections” section.
- (4 pts) I used evidence from my life experiences by back up my opinion on how sleep affects my school day.
- (3 pts) I wrote/drew legibly.
- (5 pts) I left the evaluator interested or impressed in my work or experience.