Before stepping from contaminated area, survey soles of feet.

Have person stand in step off area.

Instruct the person to stand straight, feet spread slightly, arms extended with palms up and fingers straight out.

Survey ① face and ② hands.

Survey from the ③ top of the head, covering the torso, ④ / ② arms/hands, and ⑤ legs. Good survey technique is essential. Use a slow, methodical technique to monitor 100% of the body surface area.

Have the person turn around, and repeat the survey on the back of the body.